



Albany Mutual Telephone

Digital TV Instructions

Welcome to Albany Mutual Telephone's Digital TV. This guide will help you use all of the advanced features the Digital system has.

Please call us at 845-2101 if you have any questions about using your new system.

Your Account number is: _____

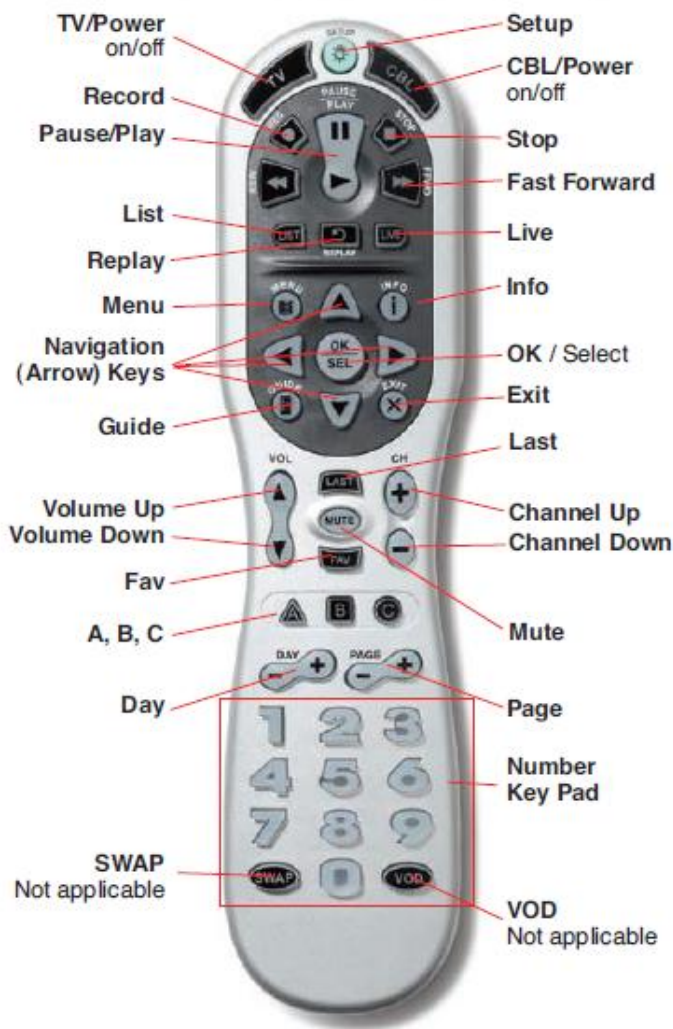
Your PIN is: _____ (This PIN is used for changing settings, viewing account information and parental controls. You can change this PIN to any number you choose.

Your Remote control code is: _____ (This is the code that your remote uses to operate your TV)

The Remote

THE POLARIS 1090 REMOTE CONTROL

BUTTONS



Press **TV** or **CBL** once to turn TV on or off.

Use **SETUP** for all programming sequences. Quickly press **SETUP** twice to enable backlighting of all keys.

PLAY, REWIND, STOP, FAST FORWARD, RECORD and **PAUSE** are used for PVR functions. To record in the VCR mode, press **REC** twice.

Use the **NUMBER KEY PAD** (0-9) to directly select channels.

The **MUTE** button will shut off sound on the TV.

Use **VOL+** (or **VOL-**) to raise (or lower) the sound volume.

Use **CH+** (or **CH-**) to select the next higher (or lower) channel.

Use **GUIDE** to display the program guide.

Press the **MENU** button once to display settings menu.

Use **INFO** to display current channel and program information.

Use **NAVIGATION (Arrow) KEYS** (right, left, up, and down) to move the cursor in the program guide and menu screens.

Press **OK/SEL** to choose options, PPV events, and to tune programs from the program guide.

Use **EXIT** to exit out of the menu and guide or anytime you wish to quit a function.

Use **PAGE UP** or **PAGE DOWN** to scroll through menu screens and the program guide.

Use **Day +** or **-** to move a day forward (or back) On your cable converter's program guide.

Press **LAST** once to recall the last channel and to page back one screen in the main menu. Pushing **Last** again and again will let you go back and forth between the last two channels that were viewed.

TV/VIDEO INPUT switches the mode between TV or Video.

Press **LIST** to display a list of recorded shows on your PVR.

Press **LIVE** to return to watching live TV.

Press **FAV** to cycle through favorite channels stored in cable converter.

Use **A, B,** or **C** buttons to access additional cable features.

Turning the system on

Your new remote will operate both your regular TV and the set top box we installed. The device buttons on the top of the remote tell the remote which device to operate. With this digital TV system, the TV button will only need to be pressed when turning the TV on and off or to change the TV's input. (Not to change Digital TV channels)

When the "TV" button on the remote is pressed the remote operates your TV, when the CBL button is pressed, the remote operates the set top box. Once the TV is turned on, channels are changed in the set top box, not on the TV. To change Digital TV channels, the CBL button needs to be pressed on the remote so the remote operates the set top box and changes channels

The Digital TV system uses the silver set top box to convert the incoming signal to your TV. The Digital TV channels are changed in the set top box, not on the TV. Therefore the TV needs to be set the correct input to receive a signal from the set top box.

There are several options for inputs for your TV, depending upon how your installation was completed. Your TV may need to be set to a specific channel, or to a specific input.

| The TV in your: | Needs to be set to: |
|-----------------|---------------------|
| | |
| | |
| | |



To watch TV:

1. Press "TV"
2. Press "CBL"
3. Press "CBL" again, ONLY if the red light on the set top box is not lit. If the red light is lit, you can change the set top box channels with the remote's keys.

To turn the TV off:

1. Press "TV"

This will keep the set top box turned on. When you want to watch TV later, you'll only need to do step 1.

If you do steps 1, 2, and 3 above, and the red light on the set top box is lit, but you still don't see a picture, you're TV is set to the wrong input. To change your TV's input, press "TV" on the remote to set the TV to the proper input for that specific TV, from the chart above. Don't forget to press CBL after you've changed the input, to operate the digital TV.

Navigating channels with the Remote

There are several ways to change the channels with the digital system:

- Type the number of the channel you want to watch on the numeric keypad, the system will then change to that channel.
- Use the Channel +/- buttons to move through the channel lineup.
- Press Guide, then use the navigation arrow keys to move the on-screen highlight to the channel you want to watch. Once the channel is highlighted, press OK/SEL on the remote to view the channel.
- Press the navigation arrow keys up or down while watching a program to see what is showing on the other channels while watching the current show. When you see the channel/program you want to watch, press OK/SEL.

How to listen to the digital Music channels

The Music channels are accessed by typing in any of the desired music channel numbers. Example – typing 200 on the remote takes you to the first music channel, once you are in the music mode, you can use the guide to view all music channels or just channel up or down through the 30 music channels. To return to regular TV type a channel number of regular TV programming such as 149, you will then be back to normal TV.

Guide

The DTV Guide contains detailed information for current and 14 days of future listings as well as a search function for locating favorite programs. The on-screen guide automatically updates so you never need a TV guide or a channel lineup.

Pressing **GUIDE** on the remote accesses detailed information for the selected entertainment feature. The last channel viewed appears on a smaller screen (screen-in-screen) while navigating the Guide. Use the navigation arrows to search through the guide, when the show you want to watch is highlighted, press OK/SEL to watch the show.

The Guide contains a color coded system to differentiate at first glance the type of programs available.

Color Meaning

| | |
|------------------|---------------------------------|
| Light Green/Blue | Normal Programming |
| Dark Green | No Information Available |
| Dark Gray | Unsubscribed |
| Dark Blue | System (Movies, Promos, Search) |
| Red | Sports |
| Light Green | News |
| Light Blue | Children's |
| Purple | Movies |

NOTE: Pressing **GUIDE** on remote is only way to access the guide.

Viewing Program Information

1. Press **GUIDE** to access the DTV Guide.

- Use the navigational arrow keys to browse programs.

The Guide advances in 30 minute increments displaying future programming; a highlight appears around a selected channel.

- Use fast-forward or rewind (>> or <<) as a shortcut to jump to listings for the next day.



- Use **CH +/-** to page up or down in lists and Guide.

2. Highlight a program.
3. Press **OK/SEL** to change to the channel or press **INFO** to display program information including a synopsis of the show and the actors. Choose **Exit** to clear information and return to the guide.

Autotune and Reminders

Setting Autotune and reminders

The system will remind you that a show you want to watch is now on.

1. Press **GUIDE** to access the DTV Guide.
2. Highlight a future program by scrolling to the right with the **Navigation arrows**, when the program you want to be reminded of is highlighted, press **OK/SEL**.
3. The Program Options page appears. Select **Reminder**. The Select Reminder Options page appears. Select **Yes** or **No** for Autotune. Select the preferred reminder time by using the **+/-** buttons to select a time period from 1 to 99 minutes.
4. Select **Save & Exit** to return to the DTV Guide, if you selected Autotune, the system will change you from any show you are watching to that channel where the reminder was set when that show starts.

Executing Reminders

When watching DTV, an Autotune reminder changes the station to your desired program for you, when the system does so, you have two options:

- Click **OK/SEL** to accept.
- Click **Dismiss** to ignore.

Favorites Lists

With access to hundreds of channels you can create, edit, and delete a list of your most frequently viewed and favorite channels.

Creating Favorites Lists

1. Press **MENU** on the remote. The Main menu displays.
2. Select **Account Info/Settings**, then **Favorites**.
3. Select **New**. Use the keyboard to enter a name. Peruse the list of channels to either select or deselect each channel. The selected Favorites list appears at the top of the screen. Select **Save & Exit**.
4. Press **Exit**.

Renaming Favorites

1. Press **MENU** on the remote. The Main menu displays.
2. Select **Account Info/Settings**, and then **Favorites**.
3. Choose the list to rename by using the **<<** or **>>** keys to select the Favorites list to edit. Peruse the list of channels to either select or deselect each channel.
4. Select the **Rename** button. The Rename dialog box appears, revealing the on-screen keyboard.
5. Use the on-screen keyboard to change the name (from 1 to 10 characters).
6. Select **Done**. The Rename dialog box closes. The Edit Favorites screen is updated and reflects the new name. Select **Save & Exit**.
7. Select **Exit**.

Deleting Favorites

1. Press **MENU** on the remote. The Main menu displays.
2. Select **Account Info/Settings**, and then **Favorites**.
3. Choose **Delete**.
The Confirm Deleting dialog box appears.
4. Select **Yes**. The Delete Favorites screen is updated and reflects the removed Favorite.
5. Select **Exit**.

Using Favorites

To view your newly defined Favorites list, press Guide once to see all channels, pressing guide again (after the guide is displayed) will sort through your Favorites lists. You can create several Favorites lists. The default lists are **All** (displays all available channels) and **Subscribed** (displays those channels that you are currently subscribed to).

The current Favorites list is displayed in the lower left hand corner of the screen. To change to other favorites lists, continue pressing **GUIDE** until your desired list appears.



Personal Identification Number

Your PIN is used to set parental controls for TV programs and movie ratings. When required, an onscreen message requests entering the PIN using the remote. As a security measure, asterisks appear as numbers are entered. If the wrong PIN is entered, a message prompts re-entry.

PINs

The PIN number at the beginning of this guide is the Master PIN that you can change:

- **System PIN**—The System PIN allows you to set parental controls, set your system display language and audio language, and view your account history. You can change your System PIN, or inactivate the need for a System PIN with the following directions.
- **Purchase PIN**—The Purchase PIN is not applicable.

System PIN

Changing the System PIN

Create and Modify the PIN for System Settings.

1. Press **MENU** on the remote.
2. Select **Account Info/Settings**, and then **PIN Options**.
3. Enter Master Pin. Select **Edit** to change the **Settings PIN**.
4. Enter numbers using the remote to change the Settings PIN.
5. Click **Save and Exit** to complete the PIN modification and return to the Menu. A confirmation message appears; after a few seconds, the system returns to the Menu.

Enable/Disable System PIN

Select to enable or disable the Settings PIN; you will no longer be prompted for your PIN while accessing System Settings.

1. Press **MENU** on the remote.
2. Select **Settings**, and then **PIN Options**.
3. Select to Enable or Disable the Settings PIN; press **Y** for Yes and **N** for No.
4. Click **Save and Exit** to complete the PIN modification and return to the Menu. A confirmation message appears; after a few seconds, the system returns to the Menu.

Purchase PIN

1. **Not Applicable.**

Viewing Account History

1. Press **MENU** on the remote.
2. Select **Account**. The Enter PIN dialog box appears.
3. Enter your PIN. The Account History screen appears. View transactions and account information.

Parental Controls

Parental Control ratings determine accessible DTV programs. The system blocks restricted programs from being viewed and/or displayed in the DTV Guide, according to preset parental control settings.

Parental Guidelines for television programs contain two parts: an age based rating indicating the age group for which a particular program is designed, and a content-based rating indicating program material.

Some key letters and definitions found in TV ratings include:

- V = Violence
- S = Sexual Conditions
- L = Coarse or crude indecent language
- D = Suggestive dialog
- FV = Fantasy violence

Overriding Parental Controls

When a restricted program is accessed, a Parental Control Override screen appears. The override feature allows a valid PIN to temporarily extend the parental control rating. An override applies only to the current show and continues for the duration of the television program.

Rating Meaning

| | |
|-------|--------------------------------|
| TV-Y | All Children |
| TV-Y7 | Directed to Older Children |
| TV-G | General Audience |
| TV-PG | Parental Guidance Suggested |
| TV-14 | Parents Strongly Cautioned |
| TV-MA | Mature Audience Only |

Setting Parental Controls

Use Parental Controls to set maximum viewable ratings for movies and TV programs, as well as prevent unrated TV shows from displaying. A valid PIN is required to alter Parental Controls. The system uses TV Parental Guidelines and MPAA ratings for movies to control viewing of inappropriate shows.

These ratings give parents more information about content and age-appropriateness of TV shows.

1. Press **MENU** on the remote.
 2. Select **Account Info/Settings**, and then **Parental Controls**. The Enter PIN dialog box appears.
 3. Enter your PIN.
 4. Select options for the following:
 - **Enable Parental Controls**- Select Yes or No to activate Parental Control features throughout the system.
 - **MPAA Ratings** - Control viewing of programs below the selected MPAA ratings level (PG 13 etc.).
 - **VCHIP Ratings** - Control viewing of programs below the selected VCHIP rating level (TV-14 etc.).
- NOTE:** Not all TV programs and movies are rated. To prevent unrated programs from being accessed, set Parental Controls accordingly.
- **Lock Shows Unrated** - Select Yes or No to restrict viewing of shows that are not assigned a rating.
 - **Show Titles**- Select Yes or No to Display titles exceeding parental control levels.
 - **Hide Channels**- Select Yes or No to remove channels from the system.
5. Enter preferences using the remote keys and **SELECT**.
 6. Select **Exit**.

Troubleshooting

My remote doesn't seem to work.

My TV doesn't turn on with the remote.
The Digital TV does not show up on my TV.

I can't change channels.

I don't see all of my channels in the Guide.

The On-Screen Guide says "No Information" for all channels.

My Digital TV has a picture, but no sound

My Digital TV has sound, but no picture

My Digital TV doesn't work

The LED will flash once when a button is pressed if it is working. If the batteries need to be replaced, the LED will flash twice whenever a button is pressed. Be sure the **TV** button is pressed before pressing **CBL**. Be sure the Input for your TV is set to the proper setting. You can do this by pressing the **TV** button, then the Input button until you see the programming. Be sure the **CBL** button is pressed before attempting to operate the system. Be sure your favorites list is not blocking some channels. Press **GUIDE** until All channels appears in the lower left corner, this will show all available channels.

Restart the Digital Receiver – see "My Digital TV doesn't work" section below.

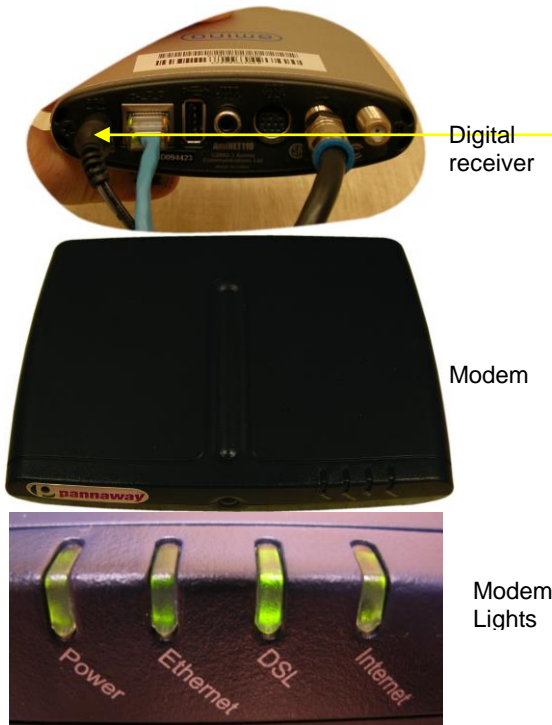
Restart the Digital Receiver – see "My Digital TV doesn't work" section below.

Restart the Digital Receiver – see "My Digital TV doesn't work" section below.

Verify that the TV is on and set to channel 3, or the correct input (see page 2 of this manual) also verify that your VCR or DVD players are off. Next make sure the red light on the digital receiver is on. If you have more than 1 TV, and the second TV is operating correctly, you may need to restart the digital receiver by unplugging the small round black connector on the back of the silver-colored digital receiver, wait ten seconds, then plug the power connector back in.





Wait 1 minute, if the signal does not come back you may need to restart the modem. The modem is typically located in the basement by your home's fuse panel or breaker box. (If you only have 1 TV with Digital TV service, the modem may be behind your TV)

If the modem is operating normally, the "Power," "DSL," and "Internet" lights should be solid green, the "Ethernet" light should be blinking. If the lights are not lit in this manner, you may need to restart the modem. To restart the modem, unplug its power source for 10 seconds, then plug it back in and wait 1 minute – Digital TV should resume. If the lights do not operate properly after you have restarted the modem, please call our office at 845-2101.



My TV says “This Channel Temporarily Unavailable”

If this message appears on only one channel, it may be because of network changes and should only be momentary. If the message remains for more than 1 hour, please call the office. If the message appears on all channels, you may need to restart the digital receiver or the modem, see “My Digital TV doesn’t work” help section above. If these steps do not resolve the issue, please call the office at 845-2101.

| | |
|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Your screen is black with the following images:</p>  | <p>If your screen looks like this...</p> <p>Press CBL. If that doesn't work, try the following.</p> |
|  | <p>1. Press CBL</p> |
|  | <p>3. Be sure that this red light turns on.</p> <p>If the light does not turn on, press STB then POWER again until red light turns on.</p> |
|  | <p>4. When you want to turn your TV off, just press TV, then POWER and your TV should turn off.</p> <p>If it did not turn off, you may have turned your receiver off, if the red light on the receiver is off, start over at step 1.</p> |

